



Savitribai Phule Shikshan Prasarak Mandal's

LOKNETE GOPINATHJI MUNDE ARTS, COMMERCE AND SCIENCE COLLEGE
MANDANGAD, DIST. RATNAGIRI- 415 203.(M.S.)

(Affiliated to University of Mumbai) * NAAC RE-ACCREDITED GRADE "B+" * ISO 9001:2015 Certified
(E-mail. maccmandangad@rediffmail.com)
02350 - 225535, 299017, Mob. 9527303223

Date-23/09/2021



Notice

Department of NSS

All the students of LGMACS College, Mandangad Arts, Comm. & Science are informed that NSS department our college organizing life skill activity in online & offline mode as the **Guest lecture Yoga & Yogasana** on 29/09/2021 at 09:00am to 11:00am. **Shri. Pednekar** will be the guest.


Vice Principal
Loknete Gopinathji Munde
Arts, Commerce & Science College
Mandangad, Dist. Ratnagiri. 415203


PRINCIPAL
Loknete Gopinathji Munde
Arts, Commerce & Science College
Mandangad, Dist. Ratnagiri. 415203



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Brochure Of

"Online/Offline Guest lecture Yoga & Yogasana"

On

29.09.2021 at 09:00am to 11:00am.

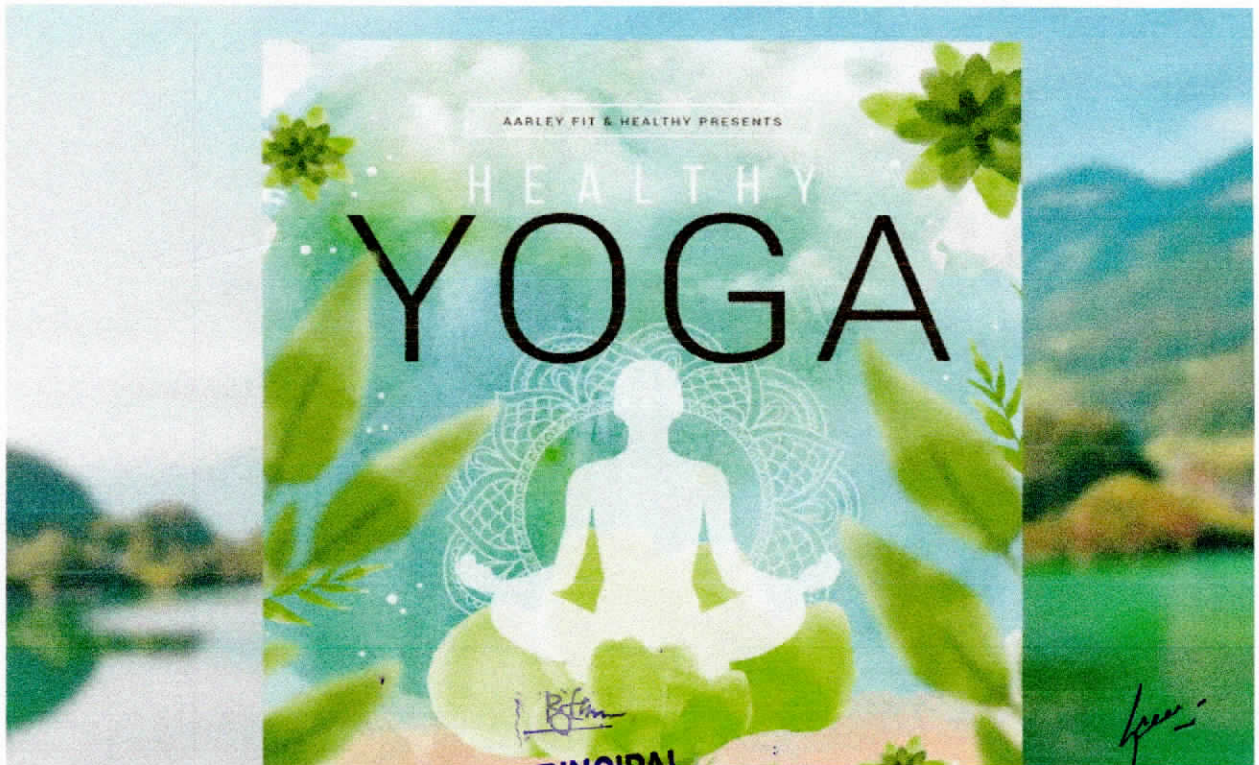
By

Shri. Pednekar

Yoga guru Mandangad

Organised by

LGMACS College, Mandangad.



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Report

Online Guest lecture Yoga & Yogasana



LGMACS College, Mandangad NSS Department organizes online & offline mode Guest lecture *on Yoga and Yogasana* for all Arts, Comm. & Science students of our College. A **lecture and demonstration by Mr. Pednekar** on the topic of ***Yoga & Yogasana***. was held in our college on 29.09.2021. Total of 135 students participated in this program. Shri. Dinesh Pednekar explain Importance of *Yoga and Yogasana* with demonstration. This programme was held online and offline mode. The session was useful for all the students and they enjoy same.

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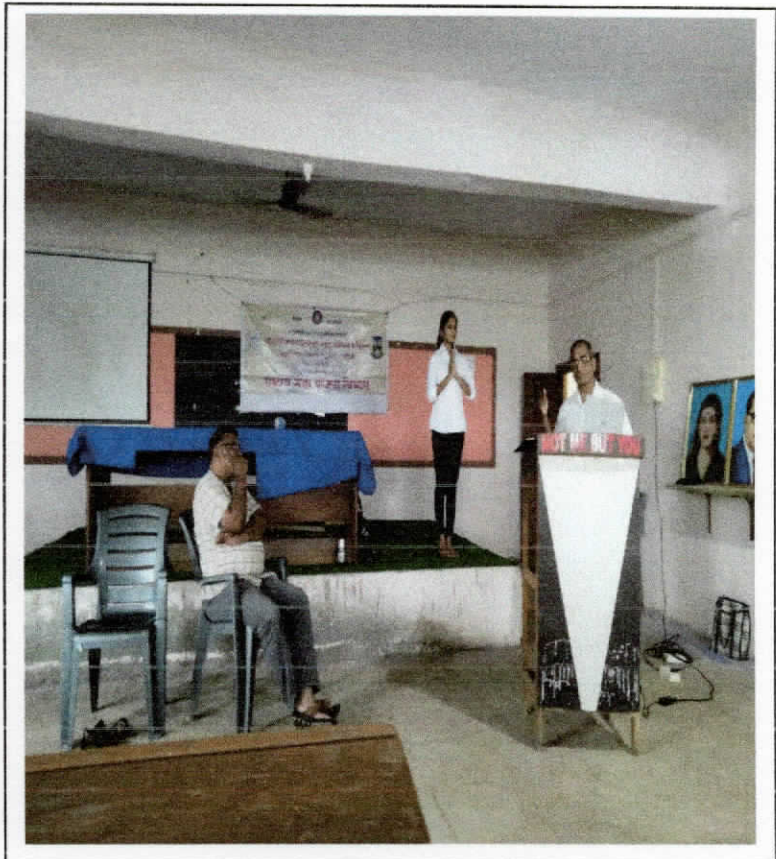
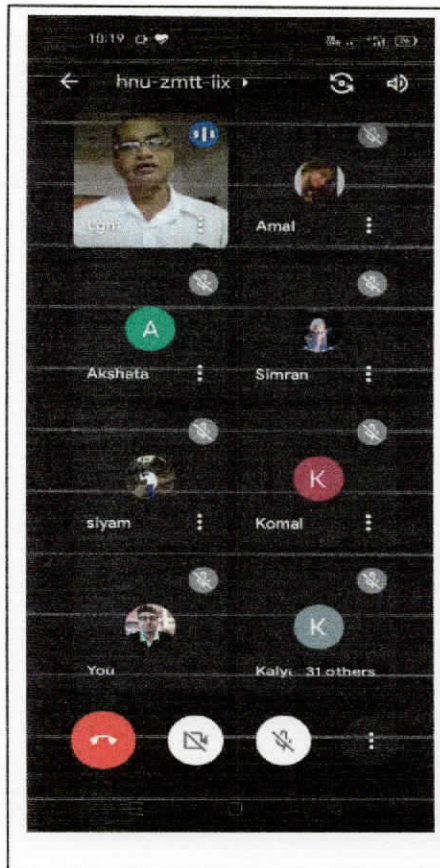
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Activity Photo:



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Loknete Gopinathji Munde
Arts, Commerce & Science College
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List of student

Following Student are present

Sr. No.	Name of the Student				Sign
1	Batte	Arbaz	A. Razzak	Sultana	
2	Gharatkar	Sanjana	Rajendra	Sugandha	
3	Jadhav	Tushar	Prakash	Prashila	
4	Jagtap	Swapnil	Prakash	Vanita	
5	Jagtap	Ruchita	Krushna	Kalyani	
6	Kadam	Vrushabh	Rajendra	Reshma	
7	Kasare	Prafull	Dilip	Diksha	
8	Kobnak	Nitin	Bhiku	Vandana	
9	Malusare	Sanjivani	Sharad	Shital	
10	More	Sayali	Nathuram	Jayashree	
11	Pawar	Sakshi	Manohar	Minakshi	
12	Pednekar	Yogita	Dinesh	Sangita	
13	Posture	Aishwarya	Suresh	Supriya	
14	Posture	Abhijeet	Ganpat	Vaishali	
15	Rasal	Mihir	Manohar	Manisha	
16	Shigwan	Jayesh	Mangesh	Manali	
17	Shirke	Abhay	Jeevan	Sharmila	
18	Bhagane	Jayesh	Rajesh	Sarika	
19	Bhagane	Snehal	Sandip	Suhasini	
20	Bhatkar	Vaishnavi	Viresh	Vaishali	
21	Bhelsekar	Vaibhav	Bhalkrushna	Vidya	
22	Bhoite	Harshata	Baburao	Vaishali	
23	Bhojane	Vaishnavi	Premal	Shruti	
24	Chavan	Rahul	Basu	Lalita	
25	Chougale	Saad	Sayeed ahmed	Sharifa	
26	Dabekar	Shweta	Vishwanath	Rutuja	
27	Gaikwad	Rupali	Ganesh	Ganesha	
28	Ghanekar	Dipesh	Santosh	Savita	
29	Ghanekar	Vishakha	Tukaram	Nilam	
30	Ghanekar	Pooja	Nandkumar	Shilpa	
31	Gopal	Tejas	Jitendra	Jagruti	
32	Gothal	Ruchita	Raghunath	Renuka	
33	Harvitkar	Tuba	Zaheer	Vajida	
34	Jadhav	Smita	Sanjay	Sanjana	
35	Jadhav	Pallavi	Ganesh	Komal	
36	Jadhav	Smita	Sanjay	Sima	
37	Joyashi	Neha	Naresh	Nisha	
38	Kadam	Sarika	Sunil	Suvarna	
39	Kalamkar	Sushen	Santosh	Dipali	
40	Kap	Sahil	Deepak	Dipti	
41	Khaire	Dipraj	Dhiraj	Sunita	



42	Khaire	Ritesh	Nanu	Ashwini	P
43	Khambe	Mayur	Dnyandev	Pradnya	P
44	Khambe	Suraj	Sandip	Supriya	P
45	Mahadik	Dinesh	Vijay	Vaishali	P
46	Malusare	Siddhika	Sandip	Sandhya	P
47	Marne	Aqib	Dildar	Fehmed	P
48	Modkale	Saloni	Sunil	Sushila	P
49	Pawar	Shraddha	Sunil	Sujata	P
50	Pawar	Anagha	Suresh	Sneha	P
51	Salvi	Mansi	Mangesh	Pratibha	P
52	Sawant	Ankita	Suresh	Sanjivani	P
53	Shigvan	Raj	Ravindra	Rekha	P
54	Shinde	Shubham	Vijay	Vaibhavi	P
55	Sutar	Anish	Dipak	Dipika	P
56	Tabib	Rutuja	Murlidhar	Ahilya	P
57	Tambe	Shalini	Ravindra	Manda	P
58	Tambitakar	Phularani	Sudhir	Supriya	P
59	Yadav	Payal	Pravin	Pragati	P
60	Zate	Akash	Anil	Ankita	P
61	Ambekar	Mansi	Mukesh	Mayuri	P
62	Bondkar	Vaibhav	Vasant	Varsha	P
63	Chavan	Akash	Santosh	Shweta	P
64	Chilwan	Awes	Akhlaque	Fairoza	P
65	Durgavale	Sakshi	Santosh	Seema	P
66	Harchilkar	Samreen	Ismail	Gulzar	P
67	Jadhav	Vinay	Shantaram	Pratibha	P
68	Khade	Sachin	Laxman	Rukmini	P
69	Khatib	Juveriya	Javeed Yusuf	Saima	P
70	Nikam	Akshay	Ankush	Ashwini	P
71	Nikam	Nikhil	Nathuram	Namita	P
72	Panjri	Sadiya	Mohammed	Tabassum	P
73	Patil	Yash	Anil	Asmita	P
74	Sawant	Pranay	Dilip	Lalita	P
75	Sugadare	Ketan	Sunil	Supriya	P
76	Bhave	Sumit	Shivaji	Kavita	P
77	Bolade	Neha	Uday	Asha	P
78	Chafe	Sumati	Sitaram	Suvarna	P
79	Chaudhari	Pankaj	Vithoba	Pratibha	P
80	Chavan	Prajwal	Rajaram	Dipeshri	P
81	Dhanavde	Sonali	Kisan	Sunita	P
82	Gawade	Prathamesh	Gurudas	Gandhakshi	P
83	Ghatvilkar	Prashant	Uday	Ujwala	P
84	Ghosalkar	Manali	Shekhar	Sayali	P
85	Jadhav	Vishal	Raju	Sangita	P
86	Juwale	Haiderbaig	Shafi	Imrana	P
87	Karawade	Prajyot	Tukaram	Sunita	P
88	Karawade	Shubham	Sanjay	Sampada	P



89	Khargavkar	Prajakta	Mahadev	Yamuna	
90	Kulapkar	Tejaswini	Vilas	Dhanvati	
91	Ladge	Nigar	Salim	Asgari	
92	Marchande	Sonali	Tanaji	Jyoti	
93	Mhapralkar	Anjali	Sudhakar	Suman	
94	Mudchavade	Mitesh	Mahendra	Minakshi	
95	Ovhal	Shubham	Parshuram	Anjali	
96	Pawar	Roshani	Subhash	Suvarna	
97	Salvi	Shraddha	Harshavardhan	Mamta	
98	Tambe	Sayli	Kailas	Kavita	
99	Bhagane	Shraddha	Santosh	Snehal	
100	Bhanshe	Shrikant	Shantaram	Vijaya	
101	Bhekat	Anurag	Sanjay	Shamal	
102	Bhekat	Sairaj	Suresh	Suvarna	
103	Bhuvad	Swapnali	Santosh	Sarita	
104	Bolade	Saie	Uday	Aasha	
105	Dalvi	Asha	Yashawant	Jyoti	
106	Gujar	Shraddha	Father	Bharathi	
107	Jadhav	Diksha	Anant	Anisha	
108	Jadhav	Shreyash	Vilas	Vishakha	
109	Jadhav	Jayesh	Bhimraj	Shubhangi	
110	Jeli	Mayappa	Manigenappa	Madhevi	
111	Jogi	Pranali	Santosh	Suvarna	
112	Kasare	Swapnali	Santosh	Sanjivani	
113	Khambe	Priyanka	Pradip	Pranali	
114	Khamkar	Tejas	Snadip	Sampada	
115	Lanjekar	Sakshi	Pradip	Pranali	
116	Lokhande	Ankita	Vijay	Vidya	
117	Mahadik	Pradip	Prakash	Pramila	
118	Malusare	Aniket	Pradip	Pooja	
119	Mandpe	Sandhya	Haresh	Harshala	
120	Mhamunkar	Mansi	Dipak	Darshana	
121	Nimade	Amol	Shivaji	Vanita	
122	Pawar	Amol	Manoj	Pratiksha	
123	Posture	Subodh	Anant	Vijayshree	
124	Rakte	Pritam	Shrichand	Swati	
125	Rathod	Saloni	Jayram	Joyti	
126	Sakhalkar	Shubham	Chandrashekhar	Shailavi	
127	Salvi	Sakshi	Suryakant	Sayali	
128	Sapate	Aditi	Ramesh	Yogita	
129	Sawant	Ajay	Sanjay	Sanjivani	
130	Sawant	Nikhil	Ramesh	Sunita	
131	Shadulla	Rihan	Rafique	Anwari	
132	Sondkar	Divya	Dagadu	Darashana	
133	Songhare	Tejas	Naresh	Manali	
134	Tambe	Sudesh	Mahendra	Minakshi	
135	Tambe	Priyanka	Rajan	Ranjita	

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